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11 June 2024

The hazards of wearing jewellery & watches

Dear Parents and Carers,

There has been some confusion around the latest guidance being introduced, for which I can only apologise. The information below will clarify details for everybody and we are very grateful for your support.

We have received an update from the Local Authority about children wearing jewellery and watches in PE lessons.

The national guidance around this is that no jewellery should be worn in PE and that includes swimming and physical activity. We have been told that it is not safe to cover earrings / studs / sleepers with tape. The guidance states that pupils should remove their own jewellery and that this should be made clear to parents and carers. If the child is unable to do this themselves, they should not wear any.

Where jewellery cannot be removed, school staff will need to adapt the activity to a low risk activity. Low risk is where children can work and be secure in their own personal space. This could be warming up, skills practices, observing and analysing, officiating or coaching.

Higher risk activities are where that personal space could be compromised, either by other participants or by equipment.

This could be games activities where there are elements of 'scrimmage', gymnastics where children are close to each other or where the floor / equipment could come close to the ears, swimming, dodgeball, football etc. The basic rule is that all jewellery should be removed as this then removes that particular hazard.

If your child cannot remove their own jewellery, we would ask that you ensure they are not wearing any on the days when they do PE.

Thank you for your support and understanding with this.

Jo Hall
Headteacher

